



START THE NEW YEAR OFF RIGHT

## MAKE A RESOLUTION YOU'LL WANT TO STICK TO

As we begin this new decade, take a breath and decide to make YOU the focus of this year. Make a plan for wellness, mental clarity and a more balanced life. Take 60 minutes out of your month to enjoy a Nirvana Stress Relief Massage or pick up a Vitality Tea in our apothecary to enjoy daily at your desk. Minimizing stress and maximizing health can be accomplished with regular spa services & access to quality products to maintain your wellness lifestyle. We're here to assist you refresh & renew this New Year.

[Join Our Monthly Membership](#)



## Post Holiday Sale

Enjoy 35% OFF all holiday merchandise now through January 6, while supplies last. Shop Christmas themed home decor, body care, candles, gift sets & more!



**Sugar Peppermint Body Treatment**  
 Treat yourself to true winter luxury with *Lalicious!* Let a creamy, whipped sugar scrub slough away dead, dry skin. Experience cooling tension relief with a hydrating peppermint body butter massage custom tailored to your needs. Two hours of pure bliss to feed your winter soul.



**Sugar Peppermint Spa Manicure & Pedicure**  
 Experience our signature manicure & pedicure with a minty twist! After nearly two hours of pampering, your hands & feet will be tingling & glowing.

## ADDITIONAL TREATMENT SPECIALS

### WHAT'S NEW - PURE FOREST COLLECTION



**Pure Forest Facial**  
 Experience the restorative powers of nature with the healing benefits of reishi mushroom, birch water and snow mushroom to hydrate, detoxify and repair.  
[Learn more](#)



**Frosted Birch Body Treatment**  
 A magnesium & birch infused scrub, wrap & massage to treat sore, achy muscles.  
[Learn more](#)



Choose from a unique blends of herbs and spices to find the perfect tea to enjoy prior to or after your treatment. Focus your intentions with a Detox Tonic, Skin Radiance Tonic, Mood Lift Tonic or Muscle & Joint Recovery Elixir.  
[Shop Herbal Remedies](#)

## Spa Refresh Planned



This January we will be updating and renovating a bit



This month we also plan to merge into a new operating software. The new software

of our retail space so that it better matches the refresh we did last year in the back end of our spa. We will try to not have this effect any of our operating procedures; however, entrance through the hotel will be necessary on certain days.

offers more online scheduling availability, better communication tools and will be more interactive for our team. Hopefully, this process will be seamless on the client end; however, we ask for patience during the transitional process.

NEVER MISS A DEAL

## FOLLOW US ON SOCIAL MEDIA

Connect with us to get early access to all the best deals on everything from spa services to skin & body care.



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